

DanceSport@OSU: Beginner Class, Autumn 2011

Mondays, 8:30-10:00pm PAES 200

Instructors: Burke Beckley and Rachel Dugan

Presidents@dancesportosu.org

Burke's Office Hours: Thurs 11:30-1:30pm

Rachel's Office Hours: M 1:30-3:30pm

DanceSport@OSU Club Office in the Student Union

Link to USISTD Syllabus:

http://www.usistd.org//index.php?option=com_content&task=view&id=39&Itemid=51

Link to USISTD Syllabus:

<http://usadance.org/dancesport/forms-and-resources/rules-policies-and-bylaws/>

(See the end of the "Rulebook")

Week One (Sept. 19):

First week of classes, no ballroom lesson

Week Two (Sept. 26): American Rumba, American Foxtrot

American Rumba:

Box, right under arm turn (six count under arm turn), cross over breaks, progressive rocks, back spot turns (switch turns)

American Foxtrot:

Forward basic, left rock turn, promenade walk, quarter turns A&B (W's)

Week Three (Oct. 3): American Foxtrot, American Cha Cha

American Foxtrot:

Teach: Swing step (Fred Astaire sways)

American Cha Cha:

Cha Cha basic, cross over breaks and switch turns, right under arm turn, three cha chas forward and back,

Week Four (Oct. 10): American Cha Cha, American Tango

American Cha Cha:

Chase

American Tango:

Basic A&B, promenade basic, corte,

Week Five (Oct. 17): American Tango, American Swing

American Tango:

Promenade to fan.

East Coast Swing:

Swing basic, underarm turns right and left, four kicks, American spin

Week Six (Oct. 24): American Swing, American Waltz

East Coast Swing:

Peek-a-boo, back pass

American Waltz:

Left and right foot closed changes, quarter turns, basic alignments

Week Seven (Oct. 31): American Waltz, Purdue competition prep!!

American Waltz:

Left and right turns

Week Eight (Nov. 7th): Salsa, American Waltz

Salsa:

Moves to be determined

Waltz:

Review alignments and left/right turns; teach simple twinkle, underarm turn

Week Nine (Nov. 14): Thanksgiving Week. No class.

Students are welcome to use the room for practice/review, Ohio Star Ball is November 19th.

Week Ten (Nov. 21): Merengue, Bachata, Hustle

Moves to be determined

Week Eleven (Nov. 28): Fun Dances, Requests

This is your opportunity to ask questions and practice what you've learned over the course of the quarter!

Finals Week (Dec. 5):

No ballroom lessons, good luck on finals!